

# MUAY THAI KICKBOXING

## CONTINUOUS TOURNAMENT

### SATURDAY OCTOBER 15TH, 2016



9311 111 AVENUE, EDMONTON

#### COMPETITOR INFORMATION

NAME

PHONE #

EMAIL

GYM/CLUB

AGE

WEIGHT  LBS

EXPERIENCE

#### DISCIPLINE

- Thaiboxing**  
*Punches to the body and head, kicks to the legs, body and head. Clinch and knees to the legs and body and you may also catch your opponents kicks.*
- Kickboxing**  
*Punches to the body and head, kicks to the legs, body and head.*

#### WAIVER

I, the undersigned, do hereby voluntarily submit my application for attendance and participation and do hereby assume full responsibility for any and all damages, injuries that I may sustain or incur, if any, while attending or participating in the aforementioned event. I hereby waive all claims against the promoters or sponsors of said tournament, individually or otherwise, for any damages, injuries or loses that I may sustain or incur. I fully understand that any medical treatment given to me will be of the first aid type only. I consent that any pictures furnished by me or any pictures taken of me in connection with the said tournament can be used for publicity, promotion or television showing, now or in the future, and I waive compensation in regards thereto. I have read and fully understand the above waiver.  
*( If under the age of 18, this form must be signed by a parent or guardian.)*

Signature

Date

**Pre-registration: \$40**

**Registration at the tournament: \$50**

**Spectators: \$10**

#### CONTINUOUS TOURNAMENT RULES

- 3 x 1 ½ minute rounds w/1 minute rest between rounds
- Fight winner will continue to next fight until finals.
- No spinning back fists or elbow strikes.
- No knees to the face.
- No strikes to the back of the head, spine, groin or joints.

**Fighters must bring 16oz gloves, shin guards, head gear, groin cup and mouthguard.**

WEIGH-INS AT 12:30PM  
FIGHTS START AT 2:00PM

#### WEIGHT CLASS

- MEN'S LIGHTWEIGHT | **145LBS AND UNDER**
- MEN'S MIDDLEWEIGHT | **146 - 170LBS**
- MEN'S CRUISERWEIGHT | **171 -195LBS**
- MEN'S HEAVYWEIGHT | **196LBS AND OVER**
- WOMEN'S LIGHTWEIGHT | **125LBS AND UNDER**
- WOMEN'S MIDDLEWEIGHT | **126 - 149LBS**
- WOMEN'S HEAVYWEIGHT | **150LBS AND OVER**

You can pre-register by emailing us your registration

**Questions?** Call or email Alex at (780) 905 6936 or Gerry (780) 238-9392 / email: fighters@franklees.com